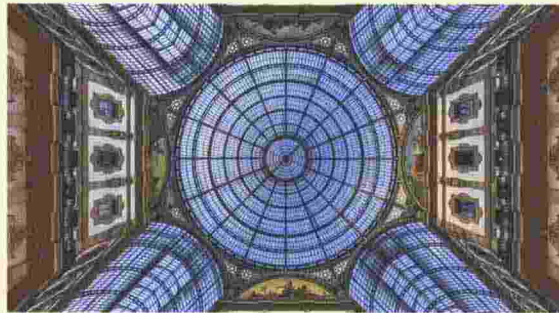
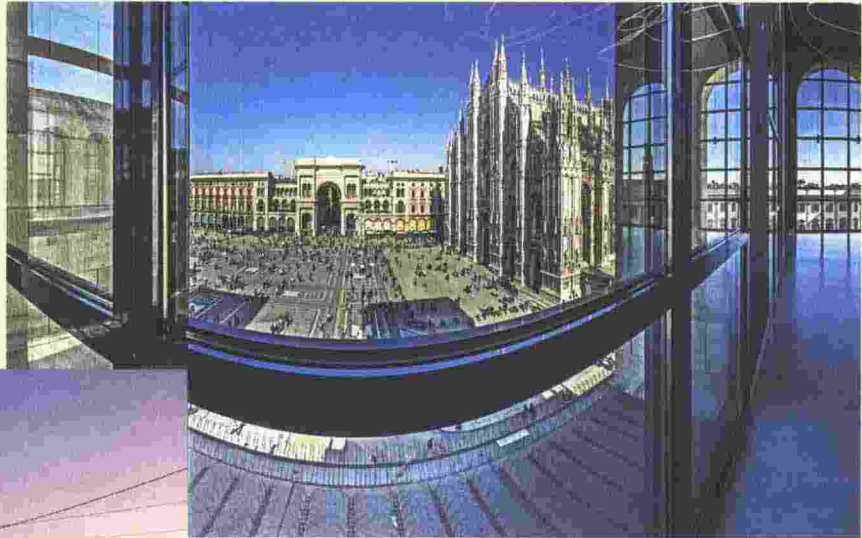


MILANO
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Take a tour
of this fast-
changing city



MADE IN MILAN *Your key to the city*

Don't forget
to look up

Milan is a changed city. Long the nation's business hub and an international big hitter in design and fashion, it has become a pacesetter for all things food and culture too. And it's not just because of all the new restaurants that opened during the Expo: the fair gave the city a sense of renewal that extended well beyond the kitchen.

With a skyline revolutionised by cutting-edge architectural projects such as the skyscrapers of Porta Nuova and the towers of CityLife,

and new cultural institutions pushing the boundaries of contemporary art, Milan has its sights set on the future. Events such as Milan Fashion Week or the Fall Design Week will attract creatives across the months of September and October, while in November, Book City will see literary events take over venues and bookshops across town. Unwinding is easy in the lush Lombardia region beyond: tranquil lakes and Alpine peaks, historical cities and verdant vineyards are all a stone's throw away.

PHOTOGRAPHERS: Pietro Madaschi, www.360visio.com, www.pixcube.it
IMAGES: Comune di Milano, www.milano.phototour.com

www.turismo.milano.it



Milano

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MILANO

Following its success hosting the world's fair in 2015, Milan has received plenty of attention from visitors and those eager to set down roots in the Lombardy capital. In the build-up to the food-themed Expo the city saw a wave of restaurant openings that now number 17,000.

Evenings out start with an aperitivo, the happy hour when diners sip cocktails. For dinner the Milanese can choose from 17 Michelin-starred restaurants – or opt for a cosy trattoria.

To feed the mind there is a fresh crop of museums and cultural venues, while those eager to explore can set off on a day trip to see medieval Cremona or the seaside.



01 CHANGING LANDSCAPE UP AND COMING

Look up from Porta Garibaldi Station and you'll see that Milan's landscape is changing. From the Unicredit Tower to Bosco Verticale, state-of-the-art skyscrapers coexist perfectly with historical buildings, from late-Roman churches to 19th-century palazzi. World-renowned architects Arata Isozaki and Daniel Libeskind are just two of those to have designed stunning new projects within this context.

NOTE

Head to Porta Volta to take in the Milan of the future.



02 ART AND CULTURE CREATIVE HUB

That Milan should be the seat of 11 per cent of Italy's historic cultural heritage signals its status as one of the nation's artistic heavyweights. But a wave of new openings of both big and small cultural hubs proves the scene's bubbling vitality.

For example, south of the city centre, contemporary-art centre Fondazione Prada has become an international draw thanks to its architecture by OMA (as well as Wes Anderson's café Bar Luce). Meanwhile Fondazione Feltrinelli designed by Swiss studio Herzog & de Meuron, hosts offices, a bookshop and research foundation, as well as a reading room at its very top. From Base Milano to Pirelli HangarBicocca, plenty of old industrial locations are turning into spaces for cutting-edge installations, events and exhibitions.

NOTE

At Mare Culturale Urbano you can pair a cocktail with your culture fix.



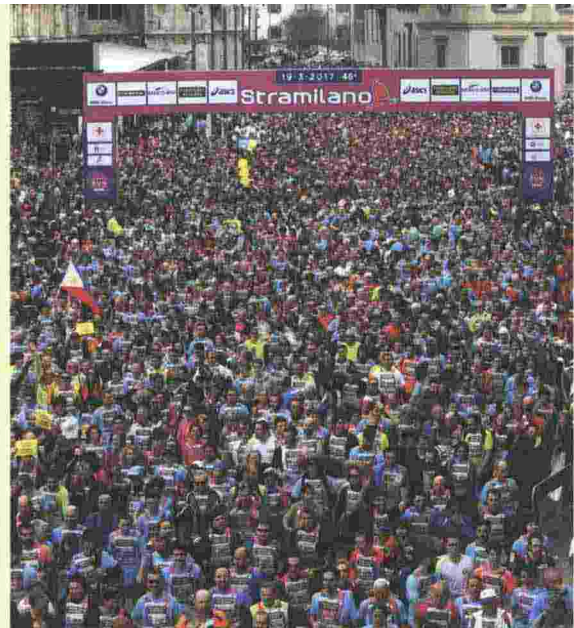
03 FASHION, FOOD AND DESIGN FOLLOW YOUR NOSE

The boutiques of Via Montenapoleone and the Quadrilatero della Moda have rightly earned Milan its reputation as a shopping destination but excellent bespoke tailors and vibrant independent womenswear shops await down smaller alleyways or tucked away inside the city's many courtyards. If it's furniture you're after, all the districts at the heart of Design Week should be on your radar. A gentle stroll around the streets of Brera and on and around Via Durini will lead you on a grand tour of the very best Italian design firms' showrooms.

As for your well-deserved dinner, traditional trattorias have been joined by the many gourmet pizzerias and experimental restaurants that opened in the wake of the hugely successful Expo, bringing anything from ramen to smørrebrød to Milan's tables.

NOTE

Find food souvenirs in the city's many gastronomie and wine shops.



04 FUN AND ENTERTAINMENT IT'S SHOW TIME

Whether you're the sporty type or you'd rather settle down with a glass of red, Milan's got a plan for you. As the home of both Inter Milan and AC Milan, the San Siro stadium is your best bet for some world-class football. But if you'd rather be a participant than a spectator, the Stramilano half-marathon takes to the city's streets every spring.

When the day winds down, do as the Milanese do and grab a seat at an aperitivo bar: our recommendation is a tasty negroni under the awning of a canal-side bar in the Navigli area. Around there you'll also find some of the city's newest and best restaurants, and plenty of cocktail bars. If what you need after a night on the tiles is a dip into nature, Lombardy's stunning lakes and mountains are only a short train ride away, as are the region's many historical towns.

NOTE

From indie to opera, Milan's gig schedule is music to visitors' ears.

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LOMBARDIA

With high-altitude hideaways, lakes made for leisure and a superb culinary heritage, the northern Italian region of Lombardia provides one surprise after another. Slow down and uncover some ancient history, shop in the city of chic and savour regional cuisine.

01 LAKES SET SAIL

Set sail on any of Lombardia's lakes and discover a sense of peace that's hard to find elsewhere. Explore the waterfront town of Sirmione, circle the island of Monte Isola on Lake Iseo or kitesurf on Lake Garda.

NOTE

Take a retail break in downtown Como.



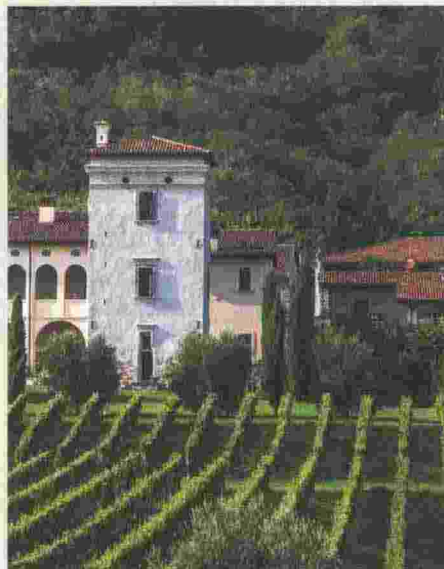
02 FRANCIACORTA RAISE A GLASS

Rolling hills are marked by the seemingly infinite rows of grape vines in Franciacorta, an area fanning out from the southern shore of the beautiful Lake Iseo.

Pop a bottle of the region's world-famous sparkling wine while enjoying the sun-kissed landscape. Don't miss the sunset overlooking the vineyards.

NOTE

Beat the heat with a quick trip to nearby Lake Iseo.

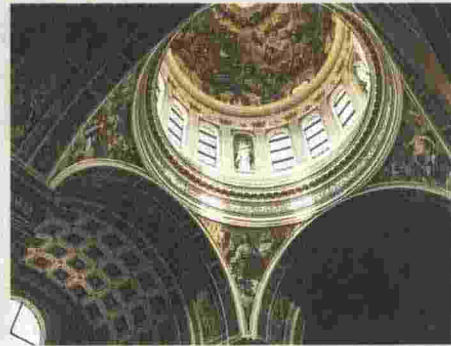


03 MANTUA UNESCO HUNTING

This jewel of the Renaissance was declared one of the 10 Unesco World Heritage sites in 2007 together with Sabbioneta. Mantua boasts an incredible history that can still be felt in the streets. Stroll through Palazzo Te to admire the frescos and catch the sunset from the astronomical clock tower in Piazza delle Erbe.

NOTE

Don't forget to try the traditional *tortelli di zucca* and *sbrisolona* cake.



04 MOUNTAINS THE HIGH LIFE

Soaring peaks rise above the lush greenery from Valtellina and Brescia to Bergamo. Perfect for shredding the slopes in winter and hiking the trails in summer, the mountains offer incredible panoramas. Lodges that perch above the clouds serve traditional dishes and offer comfortable beds while Roman-era hot springs pamper footsore visitors.

NOTE

Bagni Vecchi in Bormio has natural-cave saunas.

EVENTS

UNMISSABLE HIGHLIGHTS

3 September GP Formula 1 d'Italia Monza	23-26 September Autunno Pavese Pavia
6-10 September Festivaletteratura Mantua	18-26 November Festa del Torrone Cremona
16 September Festa dell'Opera Brescia	26-29 December Ski World Cup Bormio

www.in-lombardia.com

